Fabric needed: white and 2 colors for bow ties.
From white: Cut sixteen $21 / 2^{\prime \prime}$ squares.
From each color: Cut sixteen $21 / 2^{\prime \prime}$ square and sixteen $1 \frac{1}{2 \prime \prime} \times 1 \frac{1}{2 \prime \prime}$ squares.

## Make center of bow ties

Sew a $11 / 2^{\prime \prime}$ colored square to the lower right corner of a background square.
Sew a $1 \frac{1}{2} /{ }^{\prime \prime}$ colored square to the upper left corner of a background square.
To reduce bulk, iron the center seam open.
Make bow ties
Align squares as shown. Sew eight bow tie blocks together.
Strip should measure $41 / 2^{\prime \prime} \times 321 / 2^{\prime \prime}$


Sew a white or background strip $41 / 2^{\prime \prime} \times 41 / 2^{\prime \prime}$ to each end of the bow tie strip and trim to $41 / 2^{\prime \prime} \times 41 \frac{1}{2} 2^{\prime \prime}$ Add a background $21 / 2^{\prime \prime} \times 41 \frac{1}{2 \prime \prime}$ rectangle to the top and bottom of the bow tie strip.

## Square ladder strip

Sew 2 colors (or more if desired) of $21 / 2^{\prime \prime} \times$ WOF together.
Cut strip into sixteen $21 / 2^{\prime \prime}$ pieces and sew alternating colors together.
The strip should measure $41 / 2^{\prime \prime} \times 321 / 2^{\prime \prime}$.
Sew a background strip $41 / 2^{\prime \prime} \times 41 / 2^{\prime \prime}$ to each end of the bow tie strip and trim to $411 / 2^{\prime \prime}$
Add a background $21 / 2^{\prime \prime} \times 41 \frac{1}{2} /{ }^{\prime \prime}$ rectangle to the top and bottom of the strip.


In my quilt, I did both and sowed one at the top and one at the bottom of the quilt.

