



June 2019 Issue

2019 AQG OFFICERS & COMMITTEE CHAIRS

President: Diane L.
1st VP Programs: Brenda B. & Maridale M.
2nd VP Membership: Diana P. & Elaine R.
3rd VP Communications: Pam H.
4th VP Community Service: Betty M.
5th VP Ways & Means: Kathy S.
Secretary: Shelly V.
Treasurer: Laurie T.
Newsletter: Lorraine M.
Website: Pam H.
Retreats: Ellen R.
Email Coordinator: Lorraine M.
TAQG Representative: Shelly V. & Alice G.

What to bring to the meeting:

- \$5 for Block of the Month 2019. \$3 for the Mystery Quilt
- Completed community service items
- Raffle ticket stubs and money for tickets you have sold
- Show and Tell
- Food items such as macaroni and cheese, peanut butter and jelly, cereals, tuna fish and soups for children
- A sense of fun and curiosity
- A friend who also knows the joy of quilting.

Letter from the President

There's an old adage that says: "Time flies when you're having fun!" and isn't that the truth! It's hard to believe it's already June! Where has the year gone?

The Allen Quilters' Guild has had so much fun already this year with interesting speakers, beautiful quilts and two – yes, TWO – workshops so far. Our gorgeous raffle quilt has been making its rounds to various quilt guilds in the area and the Board is busy getting ready for the next six months.

Next month is our Annual Pot Luck and Game Night. We're thinking of trying out a new game – "Fat Quarter Frenzy" – you need just 3 Fat Quarters per game to play. And if you're lucky, you can win 30 or more fat quarters that night. And if you don't feel like playing, you can spend your evening visiting with your fellow quilt guild members.

Just three months from now, it's our Annual Silent Auction. This year, we are planning on doing something a little different and exciting. In addition to our Silent Auction we'll be hosting a Fabric Sale. Stay tuned for details!!

In four months, it will be time to elect our board for next year. A lot of board positions will need to be filled, so please consider stepping up. It's a lot of fun, you get to meet new people and be part of something really special.

Before you know it, the year will be over and we'll be celebrating the holiday season with our Annual Holiday Brunch. We'll also be drawing the winning ticket for our Raffle Quilt and revealing the Raffle Quilt for next year.

Stay tuned folks, the rest of the year looks to be a lot of fun. I can't wait!!

Diane L.



Wow! Our donation collection has grown to 19 quilts, 39 placemats and 31 pillowcases!

Of course I will have more kits for quilts, pillowcases, and bags at the meeting this month. We still have a ways to sew if we meet last years' donations.

Our community service donations for this month are food items to help feed children this summer. We are collecting: macaroni and cheese, peanut butter and jelly, cereals, tuna fish and soups.

I really appreciate all you do for others!

Thanks, Betty M- Community Service Chair

June 20th Program
Using Large Prints and Borders
M. J. Fielek

The AQG June program will be presented by M.J. Fielek, a long time quilter, teacher and lecturer, who has shared her innovative quilting ideas with quilters throughout the community.

M.J. will share with us some of her quilt collection, and will demonstrate how borders can add to the design of a quilt. This is especially true in quilts using large prints.

Our July program will be our annual Pot Luck Dinner and Game Night. Bring your favorite dish to share, while we catch up with our friends and their latest projects. We will play an exciting game of Left, Right, Left. Please bring 3 fat quarters, with a patriotic theme, to exchange in the Left, Right, Left game.

Brenda B. and Maridale M. - Program VPs

Tid Bits

Remember “Stretch and Sew”? It’s time for “Sew and Stretch”!

After hours at the sewing machine, cutting table or on the floor pin basting a quilt, take time to stretch. Some of the quilt magazines have published articles about yoga for quilters – check your stack or look online. Here are some very simple stretches for you to try.

Arms to your sides, shrug your shoulders towards your ears. Hold a few seconds then release. Repeat. Roll your shoulders forward a few times. Roll them backwards too.

Tilt your head so your right ear aims for your right shoulder. With your left hand down your side, stretch it towards the floor at the same time your head is tilted to the right. Breathe! Slowly switch sides.

Clasp your hands and reach them over your head. Turn so your palms are toward the ceiling (keeping your hands clasped). Grow taller! Keeping your hands clasped, lean your arms and torso to the right. Hold. Come back up, then go left. (You can do this seated or standing.)

Standing, form a “T” with your arms. Palms facing forward, reach your arms, still held at shoulder level, back squeezing your shoulder blades. Release and repeat. Turn your hands with palms facing back and try the stretch again. Feel the difference?

Stand, forming a star. Gently bring your hands together and bend forward, touching the floor. Shift your weight left and right by bending your legs. Come back up.

There are so many more! See what else you can find.

Allen Quilters' Guild General Meeting Minutes

May 16, 2019

There are 27 members and 4 guests attending.

President Diane L. called the meeting to order at 6:32pm.

President: Diane L. announced that Elaine R is organizing the Christmas Bunch this year.

Also, there is a real need for a volunteer to chair the silent auction for the September meeting. Please let Diane know if you are interested. It could even be co chaired.

Mckay Manor Musers gave us patterns cards to use for making placemats. If you would like an easy pattern to make placemats, feel free to pick one up. We have lots of pillowcase kits as well.

We need people to sign up for hospitality for our June meeting.

Community Service – Betty M. – We received 6 more kids quilts. We are well on our way to making the 50 we want to donate for the year.

2 months ago at the end of a meeting 2 nurses from Allen TX Health Presbyterian asked about help making a quilt. Betty helped them to make a Mosaic quilt. It was stunning. Kudos to Betty for helping them.

Betty also took 15 toiletry bags to Hopes Door. Check with Betty for quilts that need quilted or tied.

Please be sure to note your volunteer hours on the tracking sheet . It's important for our 501(c) 3 status.

Treasurer – Laurie Tanas – There were no changes in the books this month.

There is a Raffle quilt sign-up sheet to take it out and visit other guilds. Right now we have scheduled: Denton on June 18th, Lewisville in September and Garland in October.

TAQG- Shelly V. The TAQG Rally is July 13, 2019. This year it will cost \$5 for guild members and \$20 for non-members. The speaker is Pam Holland. She will have 3 workshops. Sign-ups are closing soon. Check TAQG website for details. Shelly has tickets, lunch order forms (\$10), pins (\$5), Pre Rally Day Raffle tickets (\$1 or 6 for \$5) and info on all things TAQG Rally Day. For \$25 you can receive a ticket, lunch order, pin and 6 raffle tickets with a handmade reusable snack bag.

Ways and Means - Kathy S. (Laurie T. speaking for her as she was sick) has BOM blocks.

Membership - Diana P. and Elaine R. created a lovely color directory. Please be sure to pick up your copy.

Programs –Brenda B. and Maridale M.–This month we have Sally Ashbacher with her program “Every Quilt has a Story”. Next month, we will have MJ Fielek who will talk about Large Prints and Borders.

The meeting was adjourned at 6:57 PM

Submitted by Shelly V., Secretary

Strip Swap

If you weren't at retreat, make sure to see me at the meeting and pick up your bag of strips. I can't wait to see what you create!

Lorraine M.

Facebook Connection for AQG

<https://www.facebook.com/Allen-Quilters-Guild-117833631627588/>

TAQG Rally Day – July 13, 2019 with Pam Holland

Guild Members:

Mark your Calendars! Rally Day featuring Pam Holland is July 13, 2019 in Mesquite.

Pam Holland will also be holding 3 workshops:

July 11, The Woman \$79 – Mesquite

July 12, Whimsy of Wondering \$79-Mesquite

July 15 & 16, Geraldine the Giraffe \$158 Best little retreat center in TX.

If you want more info, you can contact Shelly V. or check it out on the TAQG website:

<http://taqg.org/rally-day-workshops-2019/>



Membership

27 members joined us at our May meeting, along with 4 guests.

Our June Birthday Ladies are:

Kathy S.

Sheri B.

Diane P.

Make sure to pick up the member email list when you sign-in at the June meeting.

Diana and Elaine, Membership co-chairs

AQG Christmas Party - December 14, 2019

Elaine R. has graciously offered to chair the Christmas Party this year, but she wants your help! Working on a committee is a great way to get to know other members better. If you have a flair for decorations, entertainment, games, prize procurement, or simply want to help, contact Elaine R.



AQG Yahoo Group

If you are a member of AQG's Yahoo Group, you can send a message to the membership by sending it to AQGMembers@yahoogroups.com. Capitals seem to be important. It will be received by the AQG monitors for processing.

If you are not a member, email aqgmembers-subscribe@yahoogroups.com. The AQG monitors will be contacted for approval. This seems to be the easiest way.

Lorraine M.

Tickets are ready and our raffle quilt, Mosaic, is ready to travel!

Packets of tickets are ready for pick-up at our meeting. Additional tickets are available from Laurie T. if you need more tickets to sell.

See Maridale M. or Diane L. to sign-up to visit other quilt guilds with our raffle quilt. It is a fun way to meet other guilds, hear their programs, and, of course, sell more tickets!

Please help AQG find other venues for showing the quilt and selling tickets.

This is our major fundraiser and we need your help. You could be the winner!



2019

July 26-27 – 2019 Common Threads Quilt Guild “Stuck on Quilts” Temple Baptist Church, 1811 E. California St, Gainesville, TX www.facebook.com/groups/1541487532797041/

Aug 9-10 – Plano Quilt Show, Plano Event Center, www.qgplano.org

Aug 22-24 – North Texas Quilt Festival, Arlington Convention Center, www.sewingexpo.com

Sept 20-21 – Lone Star Heritage Quilt Show in Sulphur Springs. More information at <https://www.sulphurspringstxquilts.com/>

Oct 11-12 – Waco Homespun Quilt Guild Show, Waco Convention Center, <https://wacoheartoftexas.com/event/2019-waco-homespun-quilt-guilds-quilt-show/2019-10-11/>

Oct 31-Nov 3 – Houston International Quilt Festival, <http://quilts.com/quilt-festival-houston.html>

Oct 7- Nov 1 – Piecemakers 38th Annual Quilt Show, Corsicana, TX – a month long judged quilt show, <http://www.corsicanaquiltguild.com>

Dec 14 – AQG Christmas Party

The Touch of Quilts

“By their nature, quilts are understood as much through touch, the most intimate of the senses, as by sight, cradling us as we sleep and thereby receiving our dreams. We fondly recall the soft backing and warm filling of the quilt that covered us in the dark, as well as the decorative top that was revealed in the light of day. The decorative lines of innumerable tiny, intricate quilt stitches that bind the pieces of the top together and unify all three layers of the quilt may also be felt as well as seen, their patterns traced in the dark by fingers which might discover hidden hearts, flowers, vines and other patterns. This tactile element brings quilts even closer to us, both literally and figuratively. They can both contain and conjure the most powerful and basic human meanings simply by their physical presence. No other type of art enjoys such close and easy access to the essence of our daily lives.....”



Quilts – A Living Tradition
Robert Shaw
1995

**Allen Quilters' Guild
Membership Application**

Name: _____

Spouse's First Name: _____

Street Address: _____

City: _____ **State:** _____ **Zip:** _____

Home Phone: _____ **Cell Phone:** _____

E-Mail Address: _____

Are you a NEW member? _____ **If not, what year did you join AQG?** _____

If you are a returning member, would you like a new name badge? _____

Would you like a copy of the AQG Bylaws? _____

Birthday (month and day only): _____

Small group you belong to: _____ **Meeting time:** _____

If you do not presently belong to a small group, are you interested in joining a daytime small group? Y N or a nighttime small group? Y N

Please circle your preferred method for receiving the Allen Quilters' Guild Newsletter:

- A) Printed copy mailed via the U. S. Postal Service
- B) Via e-mail
- C) You download directly from our website (www.allenquilters.org)

When complete, please mail this form with a check made out to AQG to:

**Allen Quilters' Guild
P. O. Box 526
Allen, TX 75013-0010**

OR You may give your form and payment directly to Diana P.

Membership dues are \$25.00 for adults and \$15 for juniors (children 10 to 17 accompanied by an adult member) and paid annually in January.

Yahoo Group _____ New _____ Name Tag _____ Bylaws _____

Birthday _____ Small Group _____ Newsletter _____ Check# _____

Allen Quilters' Guild Newsletter
P. O. Box 526
Allen, TX 75013-0010